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20



## مبادرة العشرين دقيقة

لحفظ معاني الانجليزي  
للفصلين

الفروع الأكاديمية

#20دقيقةيوميالحفظ معاني\_الانجليزي

#الاستاذمحمدمشعل

خليط مع النمبر ونه  
Watermarkly

اليوم الأول

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اليوم الثاني

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اليوم الثالث

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| WORD             | MEANING IN ENGLISH                                                                                                                                                                                | MEANING IN ARABIC                  |
|------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------|
| Calculation      | a way of using <u>numbers</u> in order to find out an amount, price or value                                                                                                                      | حسابات                             |
| Computer chip    | a <u>small piece</u> inside a computer which stores information via an electric current                                                                                                           | شريحة / رقاقة كمبيوتر              |
| Floppy disk      | a flexible , <u>removable magnetic</u> disk that stores computer information                                                                                                                      | قرص مرن                            |
| Pc               | an abbreviation for personal computer, a computer that is <u>used by one person</u> at a time                                                                                                     | الكمبيوتر الشخصي                   |
| Program          | a set of <u>Instruction</u> enabling by computer to function                                                                                                                                      | برنامج كمبيوتر                     |
| Smartphone       | a <u>mobile phone</u> with advanced computing technology social media                                                                                                                             | هاتف ذكي                           |
| World Wide Web   | an information system , <u>known as the Internet</u> , which allows documents to be connected to other documents, and for people to search for information by moving from one document to another | الشبكة العنكبوتية العالمية         |
| Blog             | <u>regularly updated</u> personal website or <u>Online diary</u>                                                                                                                                  | مفكرة على الانترنت                 |
| Email exchange   | a <u>series of emails</u> between two or more people                                                                                                                                              | تبادل المعلومات بالبريد الالكتروني |
| Social media     | <u>social interaction</u> between people                                                                                                                                                          | وسائل التواصل                      |
| Tablet computer  | a <u>mobile computer</u> , with a touch screen, processor and battery all in one unit.                                                                                                            | الكمبيوتر لوحي                     |
| White board      | A touchscreen computer program that <u>enables you to draw sketches</u> .                                                                                                                         | لوح تعليمي ابيض                    |
| Post             | To put a <u>message or document on the internet</u> so that other people can see it                                                                                                               | ينشر                               |
| Connect          | join                                                                                                                                                                                              | يربط                               |
| Downloads        | an <u>amount of data</u> downloaded in a single operation                                                                                                                                         | تنزيلات                            |
| Nightmare        | Frightening dream                                                                                                                                                                                 | كابوس                              |
| Communicate with | Speake to                                                                                                                                                                                         | يتواصل مع                          |
| Sat nav system   | Satellite navigation system                                                                                                                                                                       | نظام الملاحة الفضائية              |
| Access           | To <u>find information</u> , especially on a computer                                                                                                                                             | يدخل / يصل الى                     |
| Filter           | A program that checks whether certain content on a web page should be <u>displayed to the viewer</u>                                                                                              | مصفاة/فلتر                         |
| Identity fraud   | <u>Illegal action</u> using the identity of someone else , normally to buy things.                                                                                                                | انتحال الهوية الرقمية              |
| Privacy setting  | Control available on social networking sites which let you decide <u>who can see what information</u>                                                                                             | إعدادات الخصوصية                   |
| Security setting | Controls available on computer programs which let you <u>protect your computer</u> from viruses                                                                                                   | إعدادات الأمان                     |
| acupuncture      | a system of complementary medicine in which fine needles are inserted in the skin at <u>specific points</u> .                                                                                     | الوخز بالابر                       |
| ailment          | illness.                                                                                                                                                                                          | مرض خفيف                           |
| allergy          | a <u>reaction</u> of the immune system when it is <u>sensitive to something</u> , this reaction comes in the form of sneezing, itchy eyes or a skin rash                                          | تحسس                               |
| arthritis        | a disease <u>causing painful</u> inflammation and stiffness of the joints.                                                                                                                        | التهاب مفاصل                       |

الى  
الصفحة  
التالية

اليوم الرابع

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اليوم الخامس

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اليوم السادس

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اليوم السابع

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|                     |                                                                                                                                   |                 |
|---------------------|-----------------------------------------------------------------------------------------------------------------------------------|-----------------|
| herbal remedy       | an extract <b>or mixture of a plant</b> used to prevent or cure disease                                                           | تداوي بالأعشاب  |
| homoeopathy         | a system of complementary medicine in which illnesses are treated by minute doses <b>of herbs and other natural substances</b>    | معالجة بالأعشاب |
| immunisation        | the process by which an individual's immune system becomes <b>protected against an illness.</b>                                   | التلقيح         |
| malaria             | a <b>dangerous disease</b> transmitted by mosquitoes                                                                              | الملاريا        |
| migraine            | very <b>bad headache</b> which often comes with a feeling of sickness And problems with vision                                    | صداع مع غثيان   |
| bounce              | to start to be <b>successful again</b> after a difficult time                                                                     | ينهض بقوة       |
| feel blue           | to feel sad                                                                                                                       | يشعر بالحزن     |
| obese               | Extremely fat                                                                                                                     | سمين            |
| see red             | to be angry                                                                                                                       | يغضب            |
| setback             | a <b>problem</b> that delays or stops progress                                                                                    | فشل             |
| raise               | a <b>question</b> to bring up a problem or cast doubt on                                                                          | يرفع / يسأل     |
| optimistic          | believing that <b>good things</b> will happen in the future                                                                       | تفاؤل           |
| commitment          | a <b>promise</b> to do something                                                                                                  | التزام          |
| decline             | to <b>decrease</b> in quantity or importance                                                                                      | ينخفض           |
| healthcare (n)      | the <b>prevention</b> or treatment of illness                                                                                     | عناية صحية      |
| Focus on            | <b>To direct your attention</b>                                                                                                   | يركز على        |
| life expectancy (n) | the <b>length of time</b> that a person or animal is expected to live                                                             | متوسط العمر     |
| Reputation          | The <b>common opinion</b> that people have about someone                                                                          | سمعة            |
| immunisation        | giving a substance to a person (often by needle) to <b>prevent them from getting a particular disease.</b>                        | تطعيم للمرض     |
| work force          | the people who are able to work                                                                                                   | القوى العاملة   |
| infant mortality    | <b>deaths amongst babies</b> or very young children                                                                               | وفيات المواليد  |
| Sanitation          | the systems which <b>supply water</b> and deal with human waste                                                                   | صرف صحي         |
| dental              | <b>Relating to teeth</b>                                                                                                          | متعلق بالاسنان  |
| Mortality           | <b>death</b> , especially on a large scale                                                                                        | الوفيات         |
| cope with           | to <b>deal successfully</b> with, or handle, a situation                                                                          | يتعامل مع       |
| strenuous           | using or needing <b>a lot of effort</b>                                                                                           | يحتاج لمجهود    |
| sponsor             | to financially <b>support</b> a person or an event.                                                                               | يرعى            |
| appendage           | <b>a body part</b> , such as an arm or a leg, connected to the main trunk of the body                                             | عضو اضافي       |
| artificial          | made or <b>produced by human</b> beings rather than occurring naturally / <b>the opposite of 'natural'</b>                        | صناعي           |
| apparatus           | the <b>technical equipment</b> or machinery needed for a particular purpose                                                       | جهاز            |
| limb                | <b>arm or leg</b> of a person.                                                                                                    | طرف             |
| prosthetic          | an <b>artificial body</b> part.                                                                                                   | طرف صناعي       |
| proof               | Provide a protection <b>against</b>                                                                                               | ضد او ممانع     |
| symptom             | a <b>physical problem</b> that might indicate a disease                                                                           | اعراض مرض       |
| stroke              | an illness when <b>a blood tube in your brain</b> bursts or is blocked, resulting in the brain being unable to function normally. | سكتة دماغية     |
| side effect         | <b>effects of medicine</b> on your body in addition to curing pain                                                                | تأثير جانبي     |

|                      |                                                                                                                                    |                           |
|----------------------|------------------------------------------------------------------------------------------------------------------------------------|---------------------------|
| scanner              | a medical instrument that <u>uses radiography</u> to produce images of the insides of the human body                               | ماسح يستخدم لتصوير الأشعة |
| pill                 | <u>a small round piece of medicine</u> to be swallowed whole.                                                                      | قرص دواء                  |
| MRI                  | <u>(Magnetic Resonance Imaging)</u> a scan that uses strong magnetic fields to make a picture of the inside of someone's body      | الرنين المغناطيسي         |
| medical trial        | trial to evaluate the <u>effectiveness and safety</u> of medications.                                                              | فحص طبي                   |
| implant              | a piece of tissue, <u>prosthetic device</u> , or other object implanted in the body.                                               | زراعة أعضاء               |
| drug                 | <u>a medicine or a substance</u> used for making medicines                                                                         | دواء                      |
| dementia             | a mental illness the symptoms of which are <u>problems with memory</u> , personality changes and problems with reasoning.          | جنون                      |
| coma                 | a state of unconsciousness caused by a certain injury and that lasts for an <u>extended period of time</u> .                       | غيبوبة                    |
| cancerous            | something that has or <u>can cause cancer</u> , a very serious disease in which cells in the body begin to grow abnormally         | مسبب سرطان                |
| radiotherapy         | the use of controlled <u>amounts of radiation</u> (a form of energy) to treat disease, especially cancer                           | العلاج بالأشعة            |
| outpatient           | someone who goes to a hospital for treatment but <u>does not stay for the night</u>                                                | مريض غير مقيم             |
| paediatric           | describing the area of medicine that <u>deals with children and their illnesses</u>                                                | متعلق بطب الاطفال         |
| Expansion            | The act of making <u>something bigger</u>                                                                                          | توسعة                     |
| bionic               | <u>describing a limb or body part</u> that is electronically powered.                                                              | ذو أعضاء الية             |
| Arithmetic           | The branch of mathematics concerned <u>with numerical calculations</u> such as addition, subtraction, multiplication and division  | علم الحساب                |
| Geometry             | The branch of mathematics concerned <u>with the properties</u> relationships and measurement of points, lines, curves and surfaces | علم الهندسة               |
| Mathematician        | Someone who <u>studies mathematics to a very complex level</u>                                                                     | عالم رياضيات              |
| Philosopher          | Someone who studies and writes <u>philosophy professionally or an undergraduate student of Philosophy</u>                          | فيلسوف                    |
| physician            | Someone qualified <u>to practice medicine</u> , especially one who specializes in diagnosis and treatment                          | طبيب                      |
| Polymath             | Someone who has <u>a lot of knowledge</u> about many different subjects                                                            | موسوعة                    |
| Algebra              | A type of mathematics system <u>where letters and symbols are used to represent numbers</u>                                        | الجبر                     |
| Inheritance          | <u>Money or things</u> that you get from someone after they die                                                                    | ميراث                     |
| Musical harmony      | A pleasant <u>sound in music</u> , made by playing or singing a group of different notes together.                                 | النغمة الموسيقية          |
| Ground-breaking      | New, innovation                                                                                                                    | مبتكر                     |
| Revolutionise        | To <u>completely change</u> the way people do something or think about something                                                   | أحدث ثورة                 |
| Composition          | A <u>piece of music</u> that someone has written.                                                                                  | التأليف الموسيقي          |
| Artificially created | <u>Not real</u> or not made of natural things but made to be like                                                                  | مصطنع                     |

اليوم 11

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اليوم 12

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BREAK

22/4

اليوم 14

23/4

|                         |                                                                                                                             |                                |
|-------------------------|-----------------------------------------------------------------------------------------------------------------------------|--------------------------------|
| Carbon-neutral          | something that is real or natural.<br><u>Not affecting the total amount of carbon</u> dioxide in earth's atmosphere.        | محايدة الكربون                 |
| Criticise               | to judge (something) with disapproval ,To <u>evaluate</u> or analyse (something).                                           | انتقاد                         |
| Desalination            | The process of <u>removing salt</u> from sea water so that it can be used.                                                  | تحلية المياه                   |
| Grid (energy grid)      | <u>A system of wires</u> through which electricity is connected to different power stations across a region.                | شبكة طاقة                      |
| Megaproject             | <u>A very large</u> , expensive, ambitious business project.                                                                | مشروع ضخم                      |
| Outweig                 | <u>To be more important than something else.</u>                                                                            | يفوق                           |
| Pedestrian              | <u>Someone who is walking</u> , especially along a street or another place that is used by cars.                            | المشاة                         |
| Vary                    | <u>To differ</u> according to the situation.                                                                                | يختلف                          |
| Zero-waste              | <u>Producing no waste</u> , or having parts that can be reused.                                                             | خالٍ من الملوثات               |
| Sustainability          | <u>the state of being able to continue forever, or for a very long time;</u>                                                | استدامة                        |
| Irrigate                | to <u>supply land with water</u>                                                                                            | يروي                           |
| Legacy                  | someone <u>leaves to the world</u> after their death                                                                        | ارث                            |
| Fertile                 | <u>Agriculturally productive</u> ; produced more than enough fo                                                             | خصبة                           |
| Founder                 | <u>The person who starts something new</u>                                                                                  | مؤسس                           |
| <b>SECOND SEMESTER</b>  |                                                                                                                             |                                |
| academic                | <u>Connected with education</u> , especially at college or university level                                                 | اكاديمي                        |
| Contradictory           | <u>If two ideas</u> are contradictory they are completely different and thus unable to both be true                         | متناقض / متضارب                |
| Developed nation        | <u>A rich country</u> that has many industries , comfortable living for most people , and usually an elected government .   | دولة متقدمة / متطورة           |
| Fluently                | <u>Speaking a language very well</u> , like a native speaker                                                                | بطلاقة                         |
| optional                | Something you do not have to do or use, but <u>you can choose</u> to if you want to                                         | اختياري                        |
| Tuition                 | Teaching , especially in <u>small groups</u>                                                                                | تدريس / تعليم                  |
| Astrophysics            | <u>The study of the chemical structure</u> of the stars and the forces that influence them                                  | الفيزياء الفلكية               |
| Pioneering              | Introducing new and <u>better methods</u> or ideas for the first time .                                                     | طلّيعي / في الطليعة أو المقدمة |
| Undertake               | To commit yourself to do something and to <u>start to do it</u> .                                                           | يتعهد / يباشر / بشرع           |
| Qualifications          | Official <u>records of achievement</u> awarded upon the successful completion of a course of training or passing an exam    | مؤهلات                         |
| Tailor-made             | <u>Custom-made</u> ;made to fit exactly                                                                                     | مفصل / او مصمم خصيصا ل         |
| Tutorial                | A period of <u>intensive teaching</u> and discussion given by a tutor to an individual student or a small group of students | دورة تعليمية خصوصية            |
| Colloquial              | Used mainly in <u>informal conversations</u> rather than in writing or formal speech                                        | اللغة العامية                  |
| Put ( my ) back into it | To put a lot of effort into something                                                                                       | يبذل قصاري جهده ( في شيء )     |

الى  
الصفحة  
التالية

اليوم 15

24/4

اليوم 16

25/4

اليوم 17

26/4

اليوم 18

27/4

|                          |                                                                                                                                                           |                                |
|--------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------|
| degree                   | <u>A qualification</u> that is given to you when you have successfully completed a course of study                                                        | شهادة جامعية                   |
| Halls of residence       | <u>Accommodation</u> provided by a university or college                                                                                                  | سكن جامعي / او سكن طلابي       |
| Motive                   | <u>Reason</u> for doing something                                                                                                                         | حافز / او دافع                 |
| Minority                 | Not many ,the <u>opposite of ' majority '</u>                                                                                                             | الاقلية                        |
| fees                     | <u>Costs</u> , charges                                                                                                                                    | الرسوم                         |
| Debt                     | Money you owe                                                                                                                                             | الدين                          |
| Financial                | Relating to money                                                                                                                                         | مالي                           |
| Circulation              | <u>The movement of blood</u> around the body when it is pumped by the heart ,also air ; the movement of air                                               | الدورة الدموية                 |
| concentration            | <u>Attention</u> , or attention span                                                                                                                      | تركيز                          |
| Memory                   | Someone's ability to <u>remember things</u> , places and experiences                                                                                      | الذاكرة                        |
| Nutrition                | The process of getting the right kind of food for <u>good health</u> and growth                                                                           | التغذية                        |
| Dehydration              | The state of having drunk too <u>little water</u>                                                                                                         | الجفاف                         |
| Diet                     | <u>The kind of food</u> that a person or animal eats each day                                                                                             | نظام غذائي                     |
| Mother tongue            | <u>The first and main language</u> that you learnt when you were a child                                                                                  | اللغة الام                     |
| Multilingual             | <u>Speaking, reading or writing in</u> more than two languages                                                                                            | متعدد اللغات                   |
| Simulator                | Any <u>device</u> or system that simulates specific conditions or the characteristics of a real process or machine                                        | جهاز المحاكاة                  |
| utterance                | Something <u>that is said</u> , such as a statement                                                                                                       | الكلام / النطق                 |
| Multitask                | To do <u>several things</u> at the same time                                                                                                              | يقوم بمهام متعددة              |
| compulsory               | Obligatory; <u>required</u>                                                                                                                               | اجباري                         |
| Vocational               | Used to describe a <u>particular job</u> and the skills involved                                                                                          | مهني                           |
| Public university        | A university that is <u>funded by public</u> means, through a government                                                                                  | جامعة عامة/ حكومة              |
| Private university       | A university <u>not operated by</u> a government                                                                                                          | جامعه خاصة                     |
| Undergraduate            | Someone who <u>has not yet completed their first degree</u>                                                                                               | طالب جامعي                     |
| postgraduate             | Someone who has <u>finished their first degree</u> and is continuing to study either a Master's or PHD; - degree a second degree of Master's or PHD level | طالب دراسات عليا               |
| Master's degree          | <u>A period of one or two years</u> of study which takes place after the completion of a Bachelor's degree                                                | شهادة الماجستير                |
| PhD                      | <u>A doctorate</u> : the highest degree awarded by a university                                                                                           | الدكتوراه                      |
| Diploma                  | Either <u>a document showing that someone has successfully completed a course</u> of study or passed an examination , or the name of that course          | دبلوم                          |
| Enroll                   | <u>To officially arrange</u> to join a school, university or course                                                                                       | يسجل /يلتحق ( بجامعة)          |
| Online distance learning | <u>A formalized teaching</u> and learning system specifically designed to be carried out remotely by using electronic communication                       | التعلم عن بعد عن طريق الانترنت |
| Immerse                  | To be deeply involved in something and <u>spend most of your time doing it</u>                                                                            | ينغمس                          |
| Track record             | All of a person's or organizations past achievements,                                                                                                     | سجل الاداء / أو الانجاز        |

اليوم 19

28/4

اليوم 20

29/4

اليوم 21

30/4

|                                      |                                                                                                                                   |                                                       |
|--------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------|
|                                      | <u>successes or failures which show</u> how well they have done something                                                         |                                                       |
| Do a deal                            | To <u>arrange an agreement</u> in business                                                                                        | يعقد صفقة                                             |
| Give a business card                 | <u>To give someone a card</u> that shows a business person's name, position and contact details                                   | يقدم بطاقة الاعمال                                    |
| Qualifications                       | <u>Official records of achievement</u> awarded upon the successful completion of a course of training or passing an exam          | مؤهلات                                                |
| Shake hands                          | To move <u>someone's hand</u> up and down in greeting                                                                             | يصافح / يسلم باليد                                    |
| Make small talk                      | To have an <u>informal chat</u> with someone in order to start a conversation                                                     | يعمل حوار بسيط                                        |
| Tell a joke                          | To say something to <u>make laugh</u>                                                                                             | يقول نكتة                                             |
| Be able to answer detailed questions | <u>To have the ability to understand</u> complicated questions and respond to them appropriately                                  | ان يكون قادرا على الاجابة على الاجابة على أسئلة مفصلة |
| negotiate                            | To <u>discuss something</u> in order to reach an agreement, especially in business or politics                                    | يفاوض                                                 |
| Import                               | Goods bought <u>from other countries</u>                                                                                          | استيراد                                               |
| Export                               | Goods sold <u>to another country</u>                                                                                              | تصدير                                                 |
| Extraction                           | The process <u>of removing and obtaining</u> something from something else                                                        | استخراج                                               |
| Mineral                              | A substance that is present in some foods and is <u>needed for good health</u> ; a substance that is found naturally in the earth | معادن / معدن                                          |
| Fertilizer                           | A substance that <u>is put on the land</u> to make crops grow                                                                     | الاسمدة                                               |
| pharmaceuticals                      | Companies which <u>produce drugs and medicine</u>                                                                                 | شركات دوائية / الصناعات الدوائية                      |
| Gross Domestic Product               | The value of country's <u>total output of goods and services</u>                                                                  | الناتج المحلي الاجمالي                                |
| dominate                             | To be <u>the most important feature</u> of something                                                                              | يهيمن / يسيطر                                         |
| Reserve                              | Something <u>kept back or set aside</u> , especially for future use                                                               | احتياطي                                               |
| Agreement                            | <u>An arrangement or promise</u> to do something, made by two or more people, companies or organizations                          | اتفاقية                                               |
| goods                                | <u>Things that are produced in order to be sold</u>                                                                               | بضائع                                                 |
| Sales pitch                          | <u>The statements and promises</u> that someone makes to try to persuade someone to buy something                                 | خطاب البيع                                            |
| marketing                            | <u>The study of selling</u> products to the appropriate customer                                                                  | التسويق                                               |
| Package holiday                      | <u>An organized trip</u> with every thing                                                                                         | حزمة سفر                                              |
| Target market                        | People who are identified <u>as possible customers</u>                                                                            | السوق المستهدف                                        |
| Age group                            | A set of people of similar age                                                                                                    | الفئة العمرية                                         |
| Department store                     | <u>Large shop</u> that sells many different types of things                                                                       | متجر                                                  |

كل عام وانتم بخير بمناسبة شهر رمضان الفضيل

دعواتكم لي بالخير

هذه المبادرة لوجه الله تعالى لكل طالب وطالبة توجيهم

انشر الفكرة اذا استفدت منها

محبكم واخوكم محمد مشعل